

 LOWESTOFT SIXTH FORM COLLEGE

# WELCOME

to Lowestoft Sixth Form College



APPLY ONLINE  
[L6FC.ORG](http://L6FC.ORG)





Congratulations on choosing to study at Lowestoft Sixth Form College.

We are a high-achieving college offering an excellent student experience. Our students STANDOUT. In 2019, 99.7% of our A Level students passed their exams, with 74% achieving A\* - C grades. Our BTEC students did equally well, with 100% passing their Diploma course. Additionally, we have recently been rated among the top 25% of colleges in the country for student progress, according to national data.

We are extremely proud to say that, according to the Department for Education's performance tables, Lowestoft Sixth Form College is one of the top three performing sixth form colleges in England for A Level and BTEC performance, and the top performing sixth form college in the East of England.

Our outstanding teachers and support staff provide students with the expertise and support needed to progress onto their chosen destination, be it university, an apprenticeship or employment.

We truly value our students and listen to their contributions. In return we ask that you commit to your studies and work hard. Our teachers are passionate about your learning – they want you to enjoy their subject and to succeed.

Lowestoft Sixth Form College is an exceptional place. We are big enough to provide a wide range of subject choices, but small enough to nurture every student to achieve their goals, whatever they may be.

We have so much to offer you; I look forward to meeting you in the near future.

Best wishes,

**Keith Shiels**  
**Principal**

# Unlocking Potential Through Learning

There is more freedom and flexibility than ever before to innovate and deliver exciting study programmes, alongside ensuring that we continue to focus on the high quality delivery to the world-class standard demanded by our employers.

Colleges have a huge responsibility within their communities and we are no exception. Great Yarmouth, Lowestoft and surrounding areas need our graduates to progress and add value locally to help drive the economic outcomes. We already contribute a great deal and we will continue to do much more.

Every student is supported to a planned and meaningful progression route to either higher education, apprenticeship or employment. Students are also supported in their wellbeing and careers planning to develop resilience, workplace skills and the leadership qualities they will need to be successful in a 21st century jobs market.

We continuously strive to ensure that you have a fun and safe place to study and work; a place where talent can be nurtured. We achieve this through our core values and a relentless focus on our vision of excellence.

## **You will benefit from professional tuition:**

As a student here you will benefit from expert tuition. We are very proud of our teachers, many of whom are working professionals and practitioners committed to sharing their experience and expertise with all important links into industry.

## **What are we great at?**

- Helping students to achieve qualifications
- Developing student wellbeing to improve their outcomes - we have won the AoC Beacon Award Commended Status two years running for our approach to mental health
- Supporting students to plan their career pathways and progress to their next stage of learning or work. We hold national quality awards in careers

## **What we are working on to improve our provisions:**

- Attendance
- Increase the proportion of students leaving the college with English and maths 9-4 grades
- Maintaining a strong focus, in all areas of college life, on quality improvement activity which supports all aspects of individual student achievement and progression

## Becoming part of our success:

We are proud to be dynamic, fun, career-focused, supportive, welcoming, friendly and relevant for today's workplace – all descriptions of the college by our students.

The employers we work with across many employment sectors say we're teaching our students the right skills for their workforces as well as how to be a good employee.



# What stage are you at?

The admissions team at Lowestoft Sixth Form College are keen to make the application process as smooth and useful for you as possible. If you have any questions or concerns please do get in touch. We are here to help. You can call admissions on 01502 537000. Sixth form college is an important step and we want to help you to make the right choices for you.

### **I've applied:**

We will be in touch to discuss your application or arrange a telephone interview with a member of our leadership team.

### **I have my interview date:**

We look forward to speaking to you at your interview.

If you can't make your interview date please let us know as soon as possible. This will allow us to make an alternative date for you and offer your original space to someone else.

### **I'm unsure if I've applied for the right course or have questions:**

Your interview is a great opportunity to find out more to help you decide if it's the right course for you. However, if you wish to transfer your application to an alternative course please get in touch with the admissions team.

We have a team of advisers to help you with any questions you might have. Please contact admissions if you would like to talk to someone or arrange an appointment on 01502 537000 or email us on [admissions@lowestoftsfc.ac.uk](mailto:admissions@lowestoftsfc.ac.uk)

### **I missed my interview date:**

Please email us as soon as possible so that we can arrange a new appointment for you on [admissions@lowestoftsfc.ac.uk](mailto:admissions@lowestoftsfc.ac.uk)



**I've had my interview and been offered a place:**

Congratulations that's great news! We will email you shortly with confirmation of your place and any agreed conditions of your offer. Once you receive your offer we just need you to confirm you wish to accept the place unless you already confirmed this at your interview. Your offer letter will explain how to do this. If you have decided the course offered is not for you after all please let us know.

**I've had my interview but wasn't offered a place:**

Sometimes there are reasons why we are unable to offer you a place. These reasons will have been discussed with you at interview. We will contact you if this is the case. Whatever the reason, we have a team of advisers who will help you explore alternative courses and options that will be suited to you. If you have any questions please call us.

**Keep us up-to-date:**

If you change your mobile number or move address, please let us know as soon as you can so that we can make sure you receive any information we send you. Please contact the admissions team.

# Once you have accepted your offer

## **Preparation for college days:**

Students joining us in September 2020 will have access to our new 'preparing for college' Moodle pages which provide a range of information about your course to help you get ready for college. Helping you to prepare for college is very important to us. You will be able to find out more about your course, the help and support available to you before and after starting college and ask any questions you may have, to make sure you feel the course is right for you. Further information will be sent to you on how to access this page and will be sent as soon as it's available.

We will share links to virtual tours of the college, to help you get to know your campus before you start.

GCSE results day is on Thursday 20th August 2020 - we will be in touch with details of your enrolment soon.

## **Have you got the grades you need?**

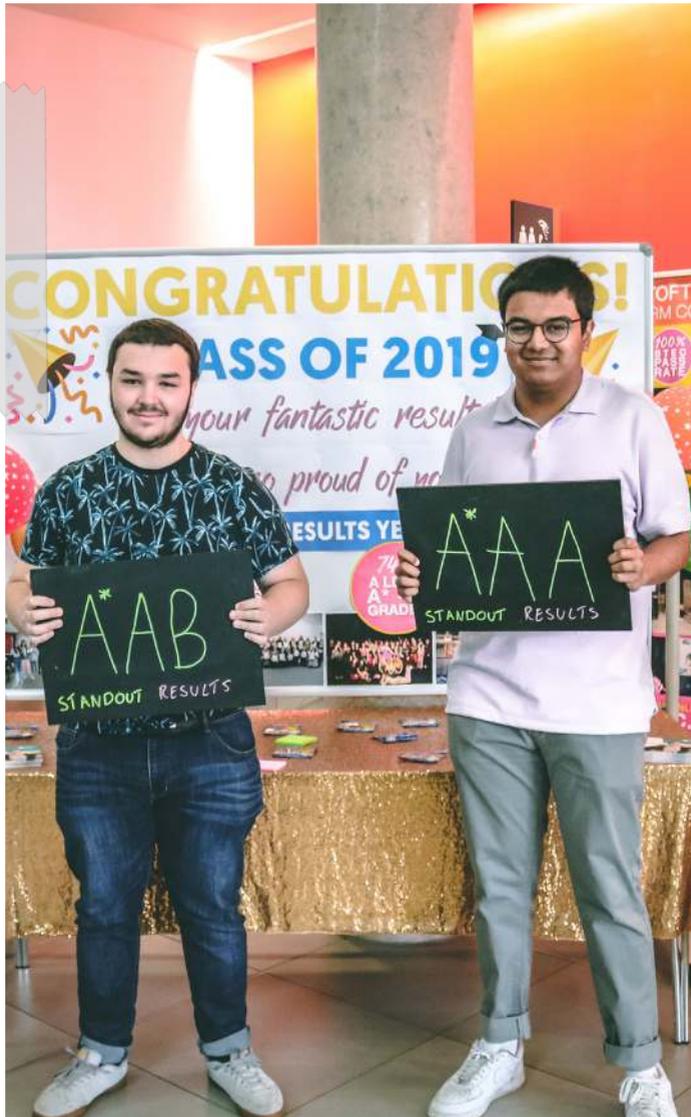
If your college place was subject to you gaining specific grades and you have achieved what you need you don't need to tell us. Just bring your results slips in when you come to your enrolment day.

## **If you didn't achieve what you were hoping for:**

Don't worry, give us a call and we can talk through your options. We will have options for you.

# Did you know?

We have a 99.7% or better pass rate for A Levels for the last three years!



# Student Finance\*

### **Discretionary Learner Support Fund:**

Students aged 16+ can apply for funding to support the additional costs involved in their course. These may include:

- Travel to college
- Meals on campus
- Course equipment and books
- Stationery
- University visits and interviews
- Course trips

This is a discretionary fund allocated to low income households, earning under £25,521 a year or receiving qualifying benefits, on a first come, first served basis subject to priorities set by the college.

### **16-19 Vulnerable Bursary:**

A bursary of up to £1,200 for the academic year may be awarded to students who are:

- In care or a care leaver
- Living independently on Universal Credits or Income Support
- Disabled and receiving Employment and Support Allowance or Universal Credit and Disability Allowance or Personal Independent Payments.

### **FREE College Meals:**

You may be entitled if you are:

- 16-18 when you start an eligible course
- 19 continuing on an eligible course
- 19-25 with an EHCP

and in receipt of one of the following benefits:

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance (ESA)
- The guarantee element of State Pension Credit
- Support under part VI of the Immigration and Asylum Act 1999
- Child Tax Credit (provided you are not entitled to Working Tax Credit) and have an annual gross income of no more than £16,190 as assessed by HMRC
- Working Tax Credit run on (paid for 4 weeks after someone stops qualifying for Working Tax Credit)
- Universal Credit with net earnings not exceeding £7,400 per year

Meals may also be awarded, at the College's discretion, to students who have applied for discretionary support and meet the income threshold criteria.

## Care to Learn Funding:

Government funding is available for young parents to help with nursery fees. More information can be found at [www.gov.uk/care-to-learn](http://www.gov.uk/care-to-learn).

**Details of how to apply for all the above support will be available from July 2020.**

# Travel Information\*

The information below is here to help students to consider the most practical and cost effective travel solution. The College may be able to help eligible students with the cost through our Support Funding.

## Travel by Bus

Lowestoft Bus Station is approximately 10 minutes' walk from the college. The main bus company that operates in the surrounding area is the First Group.

[www.firstgroup.com/norfolk-suffolk](http://www.firstgroup.com/norfolk-suffolk)

## Subsidised Bus Service

### Loddon, Somerleyton and Blundeston Area Transport

This service enables students living in the outlying villages in the areas that are not supported adequately by public transport, to achieve their aim to study at Lowestoft Sixth Form College.

The service covers the route:

Chedgrave>Claxton>Thurton>Loddon>Hales>Thurilton>Haddiscoe>Somerleyton>Blundeston>Lowestoft Sixth Form College

## Travel by Train

Lowestoft Train Station is situated in the town centre about 12 minutes from campus.

Network Rail offer the 16-19 Saver discount card. More information is available at [www.16-17saver.co.uk](http://www.16-17saver.co.uk) and [www.nationalrail.co.uk](http://www.nationalrail.co.uk).

Trains from Lowestoft Station stop at Brampton, Beccles, Cantley, Darsham, Ipswich, Haddiscoe, Halesworth, Melton, Norwich, Oulton Broad, Reedham, Saxmundham, Somerleyton and Woodbridge.

## Subsidised Transport

For L6FC students living in Suffolk and over three miles from the college, you can apply through Suffolk County Council - [www.suffolkonboard.com/school-travel/](http://www.suffolkonboard.com/school-travel/) or call 0345 606 6173.

## Travel by Bicycle, Motorbike, Moped and Car

We have 100 sheltered and secure bike racks available with lockers for storage. A limited number of designated moped/motorcycle parking bays are available with large lockers for storage.

## For Queries:

**If you have any questions, please contact our Student Finance team by email at [studentfinance@eastcoast.ac.uk](mailto:studentfinance@eastcoast.ac.uk) or call 01502 537000 / 01502 525124.**

# Student Services

### Careers, Progression and Industrial Placement:

We have Student Achievement Mentors to help you with your career plans, the choices you have and how you make your next steps. This might be to an apprenticeship, higher education or employment. The team can support you with applications, skills for employment, making the most of your strengths and identifying areas you wish to develop.

Industrial Placement is part of many courses and is a great opportunity alongside volunteering and social action projects to build your skills and CV. You might also need to complete a DBS application (Disclosure and Barring Service) before volunteering or work experience.



### Additional Learning Support: supporting you alongside your studies

If you have a support need, an Educational Health Care Plan (EHCP) or received additional support when you were at school / previous education please let us know, so we are able to discuss with you support available. Support is provided for students who may need extra help with their studies because they may have a learning difficulty and/or disability. In the first instance please contact the Admissions and Learning Support team on 01502 537000 or email Tracy Squirrell [t.squirrell@eastcoast.ac.uk](mailto:t.squirrell@eastcoast.ac.uk).

### Student Wellbeing:

Our Student Achievement Mentors (SAMs) and Safeguarding and Wellbeing Co-ordinator team are here to advise and support you with any personal issues that you require assistance with. They can provide support and advice with housing, substance use, study support, keeping safe, your mental health, sexual health, relationships and how you are feeling. The team organise events to raise awareness of topics that are important to our students and closely linked to tutorials such as Building Positive Communities.

## **Attendance / Absence Reporting:**

Attendance is vital to ensure success and completion of your course; the college expects 100% attendance. We will advise you on how to report an absence when you start college.

## **Student Involvement, Activities and PlusMore:**

Student Involvement is at the heart of Lowestoft Sixth Form. Students are encouraged to get involved in the college community on a daily basis through various opportunities such as:

- Student voice forums and activities
- Student vacancies (Student Union, Student Ambassadors, Student Governor, Course Representative and Student Volunteers)
- PlusMore Programme
- 'You said, we did'
- Attending college meetings, influencing the development and running of the college

## **Student Union:**

The Student Union gives students the opportunity to influence decisions that affect them. It is run by students, for students and has a direct voice to college leaders on behalf of the student body.

The Student Union are encouraged to contribute to all levels of college life from sitting on committees e.g. the Academic and Governors Boards or organising events, developing the curriculum and attending conferences. Elections for the SU committee are held every year.

For more information on student involvement please speak to your SAM.

Our campus gym is located on the college campus and is FREE for students' use! Water Lane Leisure Centre runs a wide range of sporting activities that students are able to gain access to, we will let you know more about how to join in during your college induction.

The College offers a range of activities and clubs that you can be involved in. We promote community based clubs, volunteering and social action projects, as well as running master-classes in topics that may be of interest to you. Look out for these and how to sign up.

Our Student Services team run events across the year and promote national campaigns that support your careers and wellbeing knowledge. These include Mental Health Week, Time to Talk, a large careers fair and opportunities to practice your interview skills.

## **Safeguarding:**

We believe that it is always unacceptable for a student to experience abuse of any kind and we recognise that it is our responsibility to safeguard the welfare and wellbeing of all students. If you feel you are being bullied please talk to a member of staff or come to student services and let us know, so we can help you. We will do so through our safeguarding team and commitment to safe practices.

If you have any concerns over a child protection or safeguarding issue or need to talk, please call our Safeguarding team on 07507 767293. All calls will be handled sensitively.

Counsellors are available should you need support in times of difficulty and personal matters. The counselling service provides an opportunity to talk in confidence about sensitive issues. Please call into the campus or student services for further help and support.

## **L6FC Respect, Inclusion and Disciplinary:**

The L6FC Respect campaign and our Inclusion and Disciplinary Policy enables all members of the College community to work and study in a positive and safe environment. Students who contravene policies may be subject to disciplinary action.

Lowestoft Sixth Form College would like your time with us to be both happy and fulfilling. This means that in everything we do we will both value and respect you as an individual.

## **Lanyards and Badges:**

In order to keep everyone safe on site, at enrolment each student will be given a student ID and lanyard. It is college policy that lanyards **MUST** be worn at all times on College premises and any visitors must sign in and wear a visitor badge. Students have asked for this college rule to support safety for all on campus.

Your student badge gives you access to print. You will receive a printing credit when you first join and you can top this up throughout the year at the college shop if you need to. You also need it if you get free college meals as the money to pay for your meals is held on your card and your card will give you access to the college building. Your student badge gives you some great discounts within the local area. Look out for places that advertise student discounts and be ready to show your card!

## **The Learning and Library Services:**

The Learning and Library Services are central to College life and are there to support students with independent study. In the Learning Resource Centre you can access a variety of print and electronic resources including e-books, DVDs, newspapers and magazines. There is also a computer drop-in area where students can write up assignments, revise or research on the Internet. Wi-Fi is also available for those students who bring in their own portable devices. Access the world wide web on our bank of PCs or research the traditional way via the extensive library. Our staff are there to help and find you additional resources, just talk to them about your needs.

## **Food:**

The Kitchen is our main canteen that offers a range of hot and cold food and drinks. We also have vending machines within The Kitchen where you can buy cold drinks and snacks and meet friends during breaks.

## **Trips and Visits:**

Your time at College presents an opportunity to try new things and make new friends. Many of the courses have visits and/or activities as part of the curriculum. If you are 17 years and under you will need your parents/carers to sign a consent form before you can participate.



## **Moodle:**

This is our Virtual Learning Environment, where you can access information regarding your lessons, wellbeing, careers and catch up with the latest news. This can also be accessed through the main College website, you will be given access when you start at the college.

## **Dashboard:**

You will use Dashboard to help you track your learning journey through college. Dashboard gives you access to your personal and learning development, including target setting and achievements. You will be set up on Dashboard when you start. Your teachers will help you understand your progress and set targets for your progression.

## Open Days and Events:

The college has a number of open days, progress evenings and events throughout the year. Some of these will require volunteer students to help out as ambassadors for the college or visit your former school to tell them about life as a student at Lowestoft Sixth Form. Some events will be for you to attend, to learn more about progression into further study, including higher education, apprenticeships or employment and for parents/carers and partners to get involved.

## Marketing

The marketing team welcome news and events from students or staff - anything from trips to charity fundraisers so please contact the team on 01493 418345 or email [marketing@eastcoast.ac.uk](mailto:marketing@eastcoast.ac.uk) to tell us what you're up to!

Covering events - We are always on the look-out for budding photographers, journalists or filmmakers to cover events so if you would like to get involved and gain experience please get in touch.

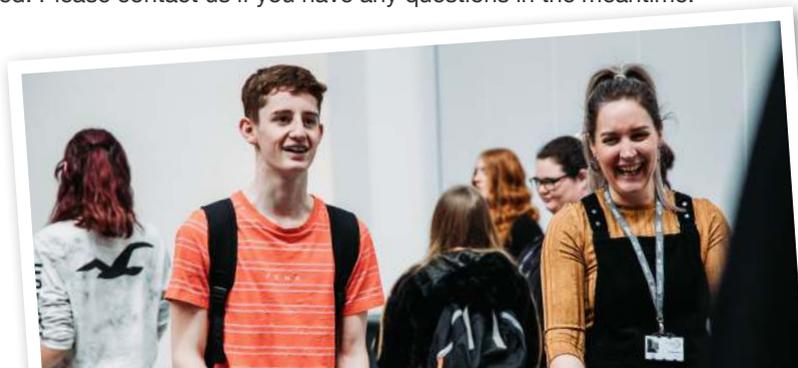
Case studies - We love writing about your success stories, so if you have a great story please let us know. Some of our recent students have been promoted in advertising campaigns and many appear on our website, in our prospectus or in school presentations. This also looks great on your CV!

## The College Shop:

We have a great College Shop where you can purchase anything from art equipment to folders, all at competitive prices. The shop is located within the East Coast College main building.

## Term Dates:

Term dates will be displayed on the admissions area of our website once they have been finalised. Please contact us if you have any questions in the meantime.



# Careers & Progression



Find your passion with the right study programme for you, develop and progress into your chosen career. The College excels in preparing its students for their next steps: employment, university, further study or apprenticeships.

Careers support at Lowestoft Sixth Form is gold standard. We hold the nationally recognised kite-mark for cross college high quality information, advice and guidance - The Matrix Accreditation and Quality in Careers Award.

Our careers programme is delivered through tutorial, enrichment activities and within subject areas. The College promotes impartial information, advice and guidance linked to regional and national employment trends and skills demands. The College will support you to develop your research skills and plan your career in different ways. You will benefit from trips, expert speakers, careers events, specialist 1:2:1 guidance, projects and work experience.

We excel in providing our students with the expertise and support needed to progress onto their chosen destination, be it university, an apprenticeship or employment.



# Higher Education Destinations 2019

1. University of East Anglia
2. University of Suffolk
3. University of Lincoln
4. Nottingham Trent University
5. Norwich University of the Arts
6. University of Derby
7. University of Winchester
8. Coventry University
9. University of Warwick
10. Sheffield Hallam University
11. Anglia Ruskin University
12. Queen Mary University of London
13. University of Kent
14. University of Portsmouth
15. Bournemouth University
16. University of Exeter
17. University of Sheffield
18. Loughborough University
19. University of Northampton
20. University of Essex
21. University of East London
22. ACM (The Academy of Contemporary Music)
23. University of Brighton
24. Canterbury Christ Church University
25. University for the Creative Arts
26. University of Liverpool
27. Bath Spa University
28. Northumbria University, Newcastle
29. University of Huddersfield
30. University of Hull
31. Hull York Medical School
32. University of Bedfordshire
33. University of Hertfordshire
34. Kingston University
35. Middlesex University
36. University of Roehampton
37. BIMM Institute
38. University of Chichester
39. Liverpool John Moores University
40. Cardiff University
41. Keele University
42. Bristol, University of West England
43. Teesside University, Middlesbrough
44. University of Leeds
45. University of Leicester
46. University Centre West Anglia
47. St. Mary's University, Twickenham
48. University of Glasgow



*Rebecca Howes*

Previous school:  
**Pakefield High School**

L6FC subjects:  
**A Level Chemistry, Biology, Physics and Maths**

Destination:  
**Studying Medicine at the University of Exeter**



*Mohammed Rafi*

Previous school:  
**Ormiston Denes Academy**

L6FC subjects:  
**A Level Maths, Further Maths and Chemistry**

Destination:  
**Studying Computer Science at the University of Warwick**



*Aaron Wilkinson*

Previous school:  
**Benjamin Britten Academy**

L6FC subjects:  
**BTEC Music and Creative Media Production**

Destination:  
**Studying Electronic Music Production at ACM (Academy of Contemporary Music)**



*Grace Oram*

Previous school:  
**Pakefield High School**

L6FC subjects:  
**A Level History, Geography and Sociology**

Destination:  
**Studying Modern and Contemporary History at Queen Mary University of London**

Our Student Services team are here to help you with any queries you may have.

University of Suffolk



We have the University of Suffolk at East Coast College on our campus. All degrees are validated by, and awards of, the University of Suffolk.

Higher Apprenticeships



Employment



Self-Employment



University



Our Student Achievement Mentors can help you with UCAS applications and funding.

To find out more about apprenticeships call 0800 085 8860 or email apprenticeships@eastcoast.ac.uk

For help and advice starting up your own business:  
[www.suffolk.gov.uk/business](http://www.suffolk.gov.uk/business)  
For information on start-up loans:  
[www.startuploans.co.uk](http://www.startuploans.co.uk)



# Did you know?

All students will learn how to develop their wellbeing and character whilst studying at L6FC

## Student Support:

In addition to the support mentioned previously, we offer professional advice, guidance and access to external specialists on a range of topics, including:

- Money advice
- Housing
- Keeping safe
- Being part of your community
- Mentoring
- Mental health professionals
- Healthy relationships
- Study support

We care about mental health, making early intervention a priority.

We are a Mindful Employer and train our staff to look after their mental health as well as others. We offer counselling services on and off site providing signposting and referral where needed.



## The Importance of English and Maths:

Achieving a good standard of English and maths skills is a key requirement for many jobs, as well as for courses that you may wish to progress on to. These skills can also mean higher earnings in the future! For these reasons, Lowestoft Sixth Form College – in line with all colleges in England – provides students aged 16 to 18 with an opportunity to develop their Maths and English skills.



*"I gained so much confidence throughout my time at L6FC – without it, I probably wouldn't be where I am today. I learnt so much more than just the foundations of acting or dance. I learnt how to behave, build relationships and organise my work. I am so grateful for L6FC and the class I had around me – it was two of the best years I've ever had."*

-Sian Websdale, former BTEC Performing Arts student



## **Welcome:**

We are delighted that your young person has chosen Lowestoft Sixth Form College as their place of learning for the next stage in their education. You will receive progress updates across the year and have the opportunity to talk to teachers and student services. We look forward to meeting you then. You will be sent reports, newsletters and text messages with useful reminders or information. Please follow us on social media and keep an eye on our website to stay up to date with the fantastic work of our college community.

We believe your assistance coupled with our input is crucial in supporting and encouraging young learners with their studies. We look forward to working with you to ensure our students maximise their opportunities and complete their course successfully.

## **How you can help:**

At the start, it might be useful for you to keep a copy of the student timetable as a reminder of the lesson times. Please can you support us in making sure they are keeping on top of their work and please raise any concerns with their teachers as a main point of contact. Keep us informed of your latest contact details. If you change your contact details please let us know. If we need to speak to you in an emergency it's really important to us that we can get hold of you as quickly as possible.

Students have to wear an ID card/lanyard every day for safeguarding reasons, to help us identify everyone on site. All students will need their ID card to gain access to the building. Please could you help ensure that they don't forget it.

If you are able to offer work experience and/or apprenticeships, please get in touch with student services on 01502 537000.

## **Have Your Say!**

Students are encouraged to share their views to help us develop the college. Parents and carers also have the opportunity to feedback through the National Ofsted Survey. Please go to our parent and carers page on the website for the link.

## **Wellbeing for parents and carers**

It is important that we work closely with you to support our students. Our website has a wellbeing page with a wide range of useful support organisations. Please let us know if we can offer advice and signposting for something you are concerned about.

**Lowestoft Sixth Form College**  
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Suffolk  
NR32 2PJ

**L6FC.org**  
**01502 537000**  
**admissions@lowestoftsfc.ac.uk**